



2021 Counties Age Group Long Course Championships

Papatoetoe Centennial Pool, Papatoetoe
Saturday 30 - Sunday 31 January, 2021

SESSION 1:	SATURDAY	30 January	WARM UP	8.00 - 8.45am	START 9.00am
SESSION 2:	SATURDAY	30 January	WARM UP	From finish of Session 1	START 90 mins after finish Session 1
SESSION 3:	SUNDAY	31 January	WARM UP	8.00 - 8.45am	START 9.00am
SESSION 4:	SUNDAY	31 January	WARM UP	From finish of Session 3	START 90 mins after finish Session 3

MEET PROGRAMME

Age Groups are 9 & Under, 10, 11, 12, 13, 14, 15, 16 & Over.

Session 1 – Saturday 30 January 2021

Warm up 8.00 - 8.45am Start 9.00am

Event	Distance/Stroke	Gender	Age	Race Type
1	400m Freestyle	Male	12 & Over	Timed Finals
2	400m Individual Medley	Female	12 & Over	Timed Finals
3	200m Breaststroke	Male	All	Finals
4	200m Breaststroke	Female	All	Finals
5	200m Individual Medley	Male	All	Finals
6	200m Individual Medley	Female	All	Finals
7	100m Backstroke	Male	11 & Under	Timed Finals
8	100m Backstroke	Male	12 & Over	Preliminary Heats
9	100m Backstroke	Female	11 & Under	Timed Finals
10	100m Backstroke	Female	12 & Over	Preliminary Heats
11	200m Freestyle	Male	All	Finals
12	100m Breaststroke	Female	11 & Under	Timed Finals
13	100m Breaststroke	Female	12 & Over	Preliminary Heats
14	100m Breaststroke	Male	11 & Under	Timed Finals
15	100m Breaststroke	Male	12 & Over	Preliminary Heats
16	50m Freestyle	Female	11 & Under	Timed Finals
17	50m Freestyle	Female	12 & Over	Preliminary Heats
18	50m Freestyle	Male	11 & Under	Timed Finals
19	50m Freestyle	Male	12 & Over	Preliminary Heats
20	50m Butterfly	Female	11 & Under	Timed Finals
21	50m Butterfly	Female	12 & Over	Preliminary Heats
22	50m Butterfly	Male	11 & Under	Timed Finals
23	50m Butterfly	Male	12 & Over	Preliminary Heats
	8 x 50m Free GRAND RELAY	Mixed		Finals



MEET PROGRAMME

Age Groups are 9 & Under, 10, 11, 12, 13, 14, 15, 16 & Over.

Session 2 - Saturday 30 January 2021

Warm ups start 30 minutes after the completion of Session 1 - 90 minute break

Event	Distance/Stroke	Gender	Age	Race Type
	100m Backstroke	Female	12 & Over	Finals
	100m Backstroke	Male	12 & Over	Finals
	100m Breaststroke	Female	12 & Over	Finals
	100m Breaststroke	Male	12 & Over	Finals
	50m Freestyle	Female	12 & Over	Finals
	50m Freestyle	Male	12 & Over	Finals
	50m Butterfly	Female	12 & Over	Finals
	50m Butterfly	Male	12 & Over	Finals

Notes – The order of the Finals shall be run in the order as captured above.

Grand Relay - 10 & Under, 11/12, 13/14, 15 years & Over,

1x Girl, 1x Boy from each Age Group, swum youngest to oldest, Girl then Boy.

16 & Over Age Group Finals - Only for the 16 & Over Age Group 'A' & 'B' Finals will be competed. Top 8 seeded times shall compete in the 'A' Final, with the 9th to 16th seeded times from the heats competing in the 'B' Final. 'B' Finals will only be held if there are 16 confirmed finalists. Medals shall only be awarded to swimmers competing in the 'A' Final.



MEET PROGRAMME

Age Groups are 9 & Under, 10, 11, 12, 13, 14, 15, 16 & Over.

Session 3 - Sunday 31 January 2021

Warm up 8.00 - 8.45am Start 9.00am

Event	Distance/Stroke	Gender	Age	Race Type
24	400m Freestyle	Female	12 & Over	Timed Finals
25	400m Individual Medley	Male	12 & Over	Timed Finals
26	200m Butterfly	Female	All	Finals
27	200m Butterfly	Male	All	Finals
29	100m Freestyle	Female	11 & Under	Timed Finals
30	100m Freestyle	Female	12 & Over	Preliminary Heats
31	100m Freestyle	Male	11 & Under	Timed Finals
32	100m Freestyle	Male	12 & Over	Preliminary Heats
33	200m Backstroke	Female	All	Finals
34	200m Backstroke	Male	All	Finals
35	100m Butterfly	Female	11 & Under	Timed Finals
36	100m Butterfly	Female	12 & Over	Preliminary Heats
37	100m Butterfly	Male	11 & Under	Timed Finals
38	100m Butterfly	Male	12 & Over	Preliminary Heats
39	200m Freestyle	Female	All	Finals
40	50m Breaststroke	Male	11 & Under	Timed Finals
41	50m Breaststroke	Male	12 & Over	Preliminary Heats
42	50m Breaststroke	Female	11 & Under	Timed Finals
43	50m Breaststroke	Female	12 & Over	Preliminary Heats
44	50m Backstroke	Male	11 & Under	Timed Finals
45	50m Backstroke	Male	12 & Over	Preliminary Heats
46	50m Backstroke	Female	11 & Under	Timed Finals
47	50m Backstroke	Female	12 & Over	Preliminary Heats



MEET PROGRAMME

Age Groups are 9 & Under, 10, 11, 12, 13, 14, 15, 16 & Over.

Session 4 - Saturday 31 January 2021

Warm ups start 30 minutes after the completion of Session 3 - 90 minute break

Event	Distance/Stroke	Gender	Age	Race Type
	2 x 50m Free ADAM & EVE RELAY	Mixed		Finals
	100m Freestyle	Female	12 & Over	Finals
	100m Freestyle	Male	12 & Over	Finals
	100m Butterfly	Female	12 & Over	Finals
	100m Butterfly	Male	12 & Over	Finals
	50m Breaststroke	Female	12 & Over	Finals
	50m Breaststroke	Male	12 & Over	Finals
	50m Backstroke	Female	12 & Over	Finals
	50m Backstroke	Male	12 & Over	Finals

Notes – The order of the Finals shall be run in the order as captured above.

Adam & Eve Relay - Top 8 Females, top 8 Males in the 50m Free (Session 2 Finals) – partnered as follows with Females leading off:

1st Female / 8th Male, 2nd Female / 7th Male, 3rd Female / 6th Male, 4th Female / 5th Male, 5th Female / 4th Male, 6th Female / 3rd Male, 7th Female / 2nd Male, 8th Female / 1st Male.

16 & Over Age Group Finals - Only for the 16 & Over Age Group 'A' & 'B' Finals will be competed. Top 8 seeded times shall compete in the 'A' Final, with the 9th to 16th seeded times from the heats competing in the 'B' Final. 'B' Finals will only be held if there are 16 confirmed finalists. Medals shall only be awarded to swimmers competing in the 'A' Final.



MEET CONDITIONS

This document may be amended, please check the [Swimming Counties Manukau Meets Information](#) Page found on the website to ensure you have the most up to date information.

- Age up date:** As at the first Day of the Meet.
- Entries open:** Online entries will open on **Sunday, 1 December 2020**.
- Entry Fees:** \$9.00 per event. \$20-00 per Relay Team.
- For registered members of Swimming New Zealand, entries must be done through the 'Fast Lane' portal on the Swimming New Zealand website. Late entries will incur a fee of \$50.00 per swimmer which must be paid to the Swimming Counties Manukau prior to the start of the meet – 12-3083-0214170-00 use Club code for reference (e.g. AQSCO).
- Manual entries are required for 'GRAND RELAY' - please supply names as per age requirements via email to scmevents.jo@gmail.com by **midday Saturday, 23 January 2021**. Clubs that are wanting to enter a team will be sent a Team Manager File.
- Closing Date:** **Friday, 22 January 2021.**
- All times submitted must be long course or short course converted to long course times using the Swimming New Zealand Conversion Tables. Entries without TIMES WILL NOT be accepted. Late Entries may NOT be accepted. If accepted Late Entries shall be handled in accordance with the [Swimming Counties Manukau Late Entries and Entry Refund Policy](#). Event Manager and or Technical Director reserve the right to accept late entries if space and timing allows.
- Para-swimmers:** Classified para swimmers (including provisional classification) are eligible to compete at this meet for events that they hold an approved time. Para-swimmers are requested to report to the Technical Director prior to the warm-up of the first session that they compete at the meet.
- Visitors:** Two (2) visitor swimmers shall be permitted to contest a Final (not including Timed Finals), except where there are insufficient Swimming Counties Manukau swimmers qualified.
- Medals:** First Swimming Counties Manukau Swimmer will hold the title. Medals for 1st, 2nd and 3rd.
Visitors medals awarded for 1st, 2nd or 3rd placed swimmers only.
PB Ribbons.
- Age Group Points:** Placings in Finals shall earn the following points 1st/20 points, 2nd/17, 3rd/16, 4th/15, 5th/14, 6th/13, 7th/12, 8th/11, 9th/10, 10th/7, 11th/6, 12th/5, 13th/4, 14th/3, 15th/2, 16th/1, 17th onwards/zero points.
- Programmes:** Session Programmes will be downloadable from the Swimming Counties Manukau website, no door sales.
Finals Programmes allocation to Club Team Managers will be: 1–10 swimmers [2], 11-20 [4], 21-35+ [6], programmes for team managers can be uplifted from Control Room.
- Psych Sheets:** Draft psych sheets will be sent out to participants by **9am on 25 January 2021**, with corrections to be sent back to scmevents.jo@gmail.com by no later than **9am on 26 January 2021**.
- Event Manager:** Direct any queries to Deb Mahony, SCM Chairperson – mahonys@xtra.co.nz.
- Technical Director(s):** Dave Beattie (davebeattie41@gmail.com)
- Meetings:** Team Managers & Officials Meetings ½ hour prior to start of each session.



Officials:

Swimming Counties Manukau will endeavour to obtain the necessary number of technical officials.

Key officials (qualified or training) are required for the events to meet SNZ's approval criteria. It is the responsibility of the clubs and members to ensure they contribute to the success of the meet by assisting with the provision of the officials. Timekeeper allocations will be advised based on entries – at least 3 per club based on entry numbers.

Officials & timekeepers names MUST be sent by **Friday, 22 January 2021** - [click here for email](#).

General Info:

The pool is 50m certified with depths of 1.52m and 1.28m. Timing for the meet will be semi-automatic.

ALL OTHER MEET TERMS & CONDITIONS CAN BE FOUND ON THE SWIMMING COUNTIES MANUKAU WEBSITE IN THE 'MEETS INFORMATION' SECTION